

# PLANNING FOR THE LATER YEARS

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# INTRODUCTION

- Life in our later years
- Let's be positive
- The importance of organisation

# ORGANISATION (1)

## 3 GOOD REASONS TO MAKE A WILL

- Make your wishes clear
- Have that discussion
- Don't die intestate

# ORGANISATION (2)

- **Lasting Power of Attorney (LPA)**
  - property and financial affairs
  - health and welfare
- **Advance Decision to Refuse Treatment (ADRT)**
- **Advance Statement**
- **Memoir**

# DEATH FILE

- Paper or online
- Contents
- 10 steps to take after death
- Purpose: practical and peace of mind

# DISCUSSION

- **Family**
- **Trusted person**
- **GP**



**INTERMISSION**

# HEALTH

- Physical
- Mental
- Social

# **SUMMARY of other topics**

- **Survival**
- **Protection**
- **Scams**
- **How to stay at home longer**
- **Downsizing**
- **More help**

# **CHARTER OF RIGHTS FOR OLDER PERSONS**

- **Benchmark guideline with minimum standards**
- **Frame of reference for education and training**
- **Essential good practice**

# The Later Years

The simple  
guide to  
organising  
the rest of  
your life



MAKE A WILL  
•  
KNOW YOUR RIGHTS  
•  
PLAN FINANCIALLY  
•  
AVOID SCAMS

Peter Thornton